

Shivaji University, Kolhapur
B.A. Part-I (Semester - I)
Paper I Understanding Psychology
(Revised Syllabus to be implemented from June, 2022 onwards)

Module1: Introduction to Psychology

- 1.1 Definition of Psychology
- 1.2 Today's Perspectives
 - a) Psychodynamic Perspective
 - b) Behavioral Perspective
 - c) Cognitive Perspective
 - d) Humanistic Perspective
- 1.3 Conducting Psychological Research
 - a) Naturalistic Observation
 - b) Survey Research
 - c) Experimental Research-Experimental group and Controlled group, Independent and Dependent Variables, Random assignments of Participants
- 1.4 Psychology's Future

Module 2: -Neuroscience and Behavior

- 2.1 Neurons
 - a) The Structure of the Neuron
 - b) How Neurons fire?
 - c) Neurotransmitters
- 2.2 The Nervous System
 - a) Central and Peripheral Nervous Systems
 - b) Activating the Divisions of the Atomic Nervous System
- 2.3 The Endocrine System
- 2.4 The Brain
 - a) Studying the Brains Structure and Functions
 - b) The Limbic System
 - c) The Cerebral Cortex

Module 3: Motivation

- 3.1 Explaining Motivation
 - a) Drive Reduction Approaches
 - b) Arousal Approaches
 - c) Incentive Approaches
 - d) Cognitive Approaches
- 3.2 Maslow's Hierarchy
- 3.3 Human Needs and Motivation
 - a) The motivation behind hunger and eating
 - b) The need for Achievement
 - c) The need for Affiliation
 - d) The need for Power

Module4: Emotions

- 4.1 Understanding Emotional Experiences
 - a) The Functions of Emotion
- 4.2 Determining the Range of Emotion
- 4.3 The Roots of Emotions
 - a) The James-Lange Theory
 - b) The Cannon-Bard Theory
 - c) The Schachter-Singer Theory
 - d) Making sense of multiple perspectives on Emotion

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- i. Paper** : I
ii. Title of paper : Understanding Psychology
iii) Specific Objectives :
1. To acquaint students with basic concepts of Psychology.
 2. To make students aware with neuroscience and behavior.
 3. To make students aware with motivation, various approaches of motivation and human needs.
 4. To understand emotions, range and the roots of emotions.

iv. Module	No. of credits
Module- 1 Introduction to Psychology	01
Module-2 Neuroscience and Behavior	01
Module-3 Motivation	01
Module-4 Emotions	01

v. Equivalence

Old Paper	New Paper
Introduction to Psychology	Understanding Psychology

vi. Recommended Reading

a) Basic Reading

Feldman, R.S. (2019). Understanding Psychology, 12th Edition, Fourth reprint 2019, Chennai: McGraw Hill Education (India) Private Limited, ISBN-13:978-93-794-5, ISBN-10:93-5260-794-5

b) Books for reference

1. Ciccarelli, S. K & Meyer, G.E (2008). Psychology, (South Asian Edition). New Delhi: Pearson Longman
2. Feldman, R.S.(2016). Understanding Psychology, 10th Edition, Indian Edition, Ninth reprint, 2016, Chennai: McGraw Hill Education (India) Private Limited, ISBN-13:978-1-25-9003005-9, ISBN-10:1-25-900305-1

vii) Nature of Question Paper (Semester End Examination)

Total Marks =40

Q.1 Complete the following sentences by choosing correct alternative. (5 Marks)

Q.2 Write short notes (any three out of five): (15 Marks)

Q.3 Answer the following questions.

a) Broad question. (10 Marks)

OR

b) Broad question. (10 Marks)

Q.4 Answer the following questions.

a) Broad question. (10 Marks)

OR

b) Broad question. (10 Marks)

VIII) CIE for 10 marks